

# BOUNDARIES

*God helps us to establish healthy boundaries through His strength and guidance. Proper mental, emotional, and spiritual boundaries enable us to focus on God's love for us, as well as the ways in which He can use us to better serve the Body of Christ.*

## ***When personal boundaries are weakened from turmoil...***

We can rejoice, too, when we run into problems and trials, for we know that they are good for us--they help us learn to be patient. And patience develops strength of character in us and helps us trust God more each time we use it until finally our hope and faith are strong and steady. Then, when that happens, we are able to hold our heads high no matter what happens and know that all is well, for we know how dearly God loves us, and we feel this warm love everywhere within us because God has given us the Holy Spirit to fill our hearts with his love. *Romans 5:3-5 TLB*

He will keep in perfect peace all those who trust in him, whose thoughts turn often to the Lord! Trust in the Lord God always, for in the Lord Jehovah is your everlasting strength. *Isaiah 26:4 TLB*

I have told you all this so that you will have peace of heart and mind. Here on earth you will have many trials and sorrows; but cheer up, for I have overcome the world. *John 16:33 TLB*

For the Scriptures tell us that no one who believes in Christ will ever be disappointed. *Romans 10:11 TLB*

## ***Establishing boundaries under God's direction...***

Lord, I am overflowing with your blessings, just as you promised. Now teach me good judgment as well as knowledge. For your laws are my guide. *Psalms 119:65-66 TLB*

In everything you do, put God first, and he will direct you and crown your efforts with success. *Proverbs 3:5-6 TLB*

So ever since we first heard about you we have kept on praying and asking God to help you understand what he wants you to do; asking him to make you wise about spiritual things; and asking that the way you live will always please the Lord and honor him, so that you will always be doing good, kind things for others, while all the time you are learning to know God better and better. We are praying, too, that you will be filled with his mighty, glorious strength so that you can keep going no matter what happens--always full of the joy of the Lord, and always thankful to the Father who has made us fit to share all the wonderful things that belong to those who live in the Kingdom of light. *Colossians 1:9-12 TLB*

I will instruct you (says the Lord) and guide you along the best pathway for your life; I will advise you and watch your progress. *Psalms 32:8 TLB*

### ***God's continuing work in our lives...***

And I am sure that God who began the good work within you will keep right on helping you grow in his grace until his task within you is finally finished on that day when Jesus Christ returns. *Philippians 1:6 TLB*

It is God himself who has made us what we are and given us new lives from Christ Jesus; and long ages ago he planned that we should spend these lives in helping others. *Ephesians 2:10 TLB*

I am expecting the Lord to rescue me again, so that once again I will see his goodness to me here in the land of the living. Don't be impatient. Wait for the Lord, and he will come and save you! Be brave, stouthearted, and courageous. Yes, wait and he will help you. *Psalms 27:13-14 TLB*

### ***Respecting the boundaries of others...***

Don't be selfish; don't live to make a good impression on others. Be humble, thinking of others as better than yourself. Don't just think about your own affairs, but be interested in others, too, and in what they are doing. *Philippians 2:3-4 TLB*